

Our treatment team is here to support your recovery goals and your journey forward.

Our counseling team provides compassionate support, addressing both your behavioral and emotional needs as you work toward recovery and healing. No matter what phase of recovery you're in, we work with you to access support and develop coping strategies and skills to sustain it.

Our multidisciplinary team consists of professionals trained in both addiction and behavioral health. You'll have access to nurses, master's-level clinicians, board-certified physicians, and physician assistants—all dedicated to supporting your success. We also offer additional supports, including our Intensive Outpatient Program, to help you build the skills and connections needed for lasting recovery.

MiraVista accepts commercial, Medicare and MassHealth insurance. Our Admissions Team is available to answer any questions you may have about insurance coverage.

We are accredited by The Joint Commission and have earned its Gold Seal of Approval® for meeting high performance standards in patient safety and quality care.



OPIOID TREATMENT PROGRAM

Together, we will walk the pathway of recovery.

CONTACT US



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Substance Use Disorder care at MiraVista is patient-centered, integrating therapeutic supports and case management to address co-occurring conditions. All our services are conveniently located on our Holyoke campus, easily accessible by public transportation, PT1 (for those with MassHealth) or car, with ample off-street parking available. Free transportation options (within a 25-mile radius) are available.

We take time to focus on patient-specific concerns, and understand the challenges of behavior change and trigger management.

At MiraVista, clients are provided:

- Medical addiction assessments
- Consistent nursing contact (daily, if needed)
- Medication management (methadone and buprenorphine)
- Addiction counseling and groups
- Harm-reduction planning and Narcan
- Case management with referrals to other needed services
- Access to Nicotine Replacement Therapy

Time in treatment in our OTP varies by individual need. People lead busy, demanding lives, and we aim to work with your schedule so that our services are accessible when needed.

MiraVista Behavioral Health Center's OTP is one of the longest-established methadone programs in Western Massachusetts.

At MiraVista, you will find:

- Access 7 days a week, with early dosing for those who need it
- Private space for medical assessments and dosing
- Free transportation options (within a 25-mile radius) are available.
- Same-day/walk-in access
- Quick and safe access to take home doses
- Virtual intake screenings

How Medication For Opioid Use Disorder Works

Methadone and buprenorphine (Suboxone) are FDA-approved medications that have been prescribed for decades to successfully treat opioid addiction, including dependence on heroin, prescription pain medication, and other opioids.

These medications work by attaching to the same receptors in the brain as other opioids but without producing the intense euphoria or "high" associated with addiction. Instead, they help stabilize brain chemistry, reduce cravings, and prevent withdrawal symptoms. By doing so, they support recovery by decreasing opioid-seeking and addiction-related behaviors, and reducing the risk of relapse when taken consistently as prescribed.

Both medications are carefully monitored, specifically dosed, and not adulterated, making them safe and effective treatment options. At MiraVista's OTP, dosing is determined by trained medical professionals and provided by nurses in a private, outpatient clinic setting to ensure personalized and confidential care.